



## HELP CHANGE A YOUNG PERSON'S LIFE

### Do you know or work with a young person who:

- Has committed an offence or has behaviour issues.
- Involved in gangs or antisocial behaviour.
- Is underperforming or has poor attendance at school or college.
- Not in employment or training.
- Is excluded from school or college.
- Is a looked after young person or a young carer.
- Lacks a positive direction and motivation.

If you do, refer them for a LIFE course today:

E: [Life4@london-fire.gov.uk](mailto:Life4@london-fire.gov.uk)

We will need consent from the young person's parents or carers to be accepted onto the course.

## FOR FURTHER INFORMATION

Please visit our website for more information and to watch a short film about the LIFE course: [london-fire.gov.uk/LocalInterventionFireEducation.asp](http://london-fire.gov.uk/LocalInterventionFireEducation.asp)



# Your support, their future

## Local Intervention Fire Education (LIFE)

**LFB**  
LONDON FIRE BRIGADE



Local Intervention Fire Education (LIFE) is an exciting youth engagement programme offering young people the unique opportunity to learn a range of skills through working alongside London Fire Brigade. It is an intensive five-day course for 14–17 year olds, held at a fire station in your area of London.



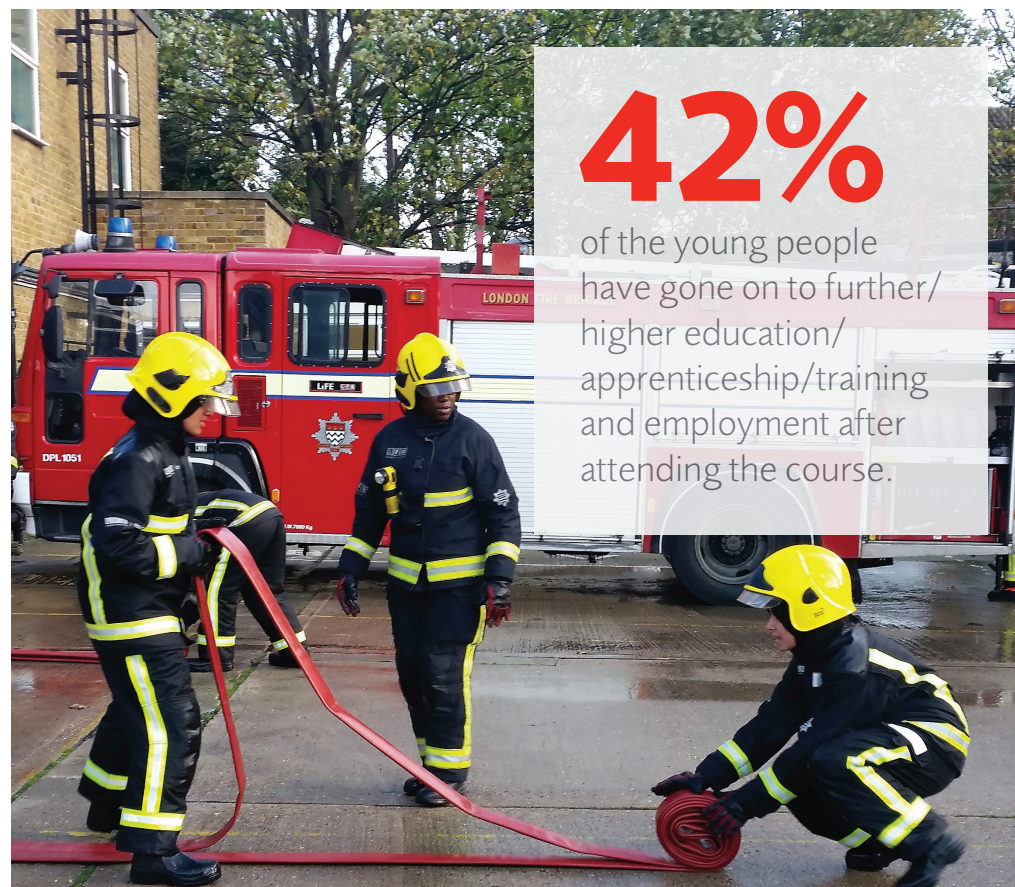
### SKILLS AND EXPERIENCE

The course mimics the real job of a firefighter as participants take part in a range of activities which include using ladders, breathing apparatus equipment, and learning casualty rescue techniques. At the end of the week, parents, carers and professionals are invited to attend the young person's passing out ceremony to showcase what they have achieved.

Young people who have completed the LIFE course leave feeling motivated, with a new sense of direction and positive aspirations for their future. Some of them even go on to become firefighters!

### WHAT ARE THE BENEFITS?

- Helps young people discover their unfulfilled potential.
- Builds their confidence and self-esteem.
- Improves team work and social skills.
- Improves discipline and the individual's work ethic.
- Teaches responsibility, respect and leadership from positive role models.
- Improves an understanding of consequences and making positive choices.
- Improves their employability and motivates them to build aspirations for their future.
- AQA accreditation.



# 42%

of the young people have gone on to further/higher education/apprenticeship/training and employment after attending the course.

### WHAT THEY SAY

"My son really enjoyed the experience, he excelled in all aspects of team building, leadership and overall safety of others, he enjoyed the camaraderie and the unity of the group. I would thoroughly recommend this course".

"Billy's attitude totally changed after this course he has turned it around at school and has just received another award for diligence".

"It has changed the way I act towards others around me. Best experience I have ever done".

"He now takes more responsibility for his actions and thinks about what he is doing".

### POSITIVE RESULTS

Over 50% of parents and carers have said their young people have a 'very good awareness of antisocial behaviour and its affect on their community' after attending a LIFE course.

Over 6,000 of the most disadvantaged and vulnerable young people have been helped through attending a LIFE course.

100% of the young people surveyed were positively impacted by the LIFE course.